



Jim Barron Classic 8 Conference

Track & Field Championships

Arrowhead High School

Boys & Girls Varsity



*Arrowhead, Catholic Memorial, Kettle Moraine, Mukwonago, Muskego, Oconomowoc,
Waukesha North, Waukesha South, Waukesha West*

Thursday, May 15, 2025, 4:00 pm

Rain Date: *"the following day" per the conference guidelines*

Meet Managers:

Head Boys Track & Field Coach: Chris Herriot herriot@arrowheadschoools.org

Athletic Director: Ryan Mangan mangan@arrowheadschoools.org or 262-369-3612 ext 4203

Meet Site:

Arrowhead High School - Taraska Stadium
700 North Ave
Hartland, WI 53029

Schedule:

3:00 – Implement Weigh-In at the shed by the shot put area on the far west side of the athletic fields
3:30 – Coaches Meeting – Morton Building storage and concession stand at the southwest corner of the track
4:00 – Field Events
5:00 – Running Events – Trials
20 minute break
Finals

Entry Limits: Per WIAA rules, an athlete may compete in a maximum of four events, but no more than 3 track events or 3 field events. **Schools** are limited to a maximum of 3 entries per individual event and 1 relay team per event.

Entry Process: Register online at www.tracksidetiming.com

Entry Deadline set by Trackside Timing is Tuesday, May 13 at 8 pm

- Online entries can be accessed directly at wi.milesplit.com.
- Log in to your account and find the meet in the calendar.
- Any problems with entries contact Nate Schreiber at 414-322-2231
- All wheelchair athletes must be entered as stated above. In addition, the host school shall be notified prior to the meet.
- Final entries will be posted on internet by 9 am Wednesday, May 14. Any changes after 9 am must be supported by a letter from the athletic director.
- Start lists will be posted at www.tracksidetiming.com
- Any athlete who is scratched and replaced may not compete in any meet event.
- Any challenges about seed times from one school to another will be heard at the coaches meeting. Coaches should be able to verify seed times that have been submitted. If seed times are estimates or relay splits, then that should be known on the entry form. If there is a question about the accuracy, the challenge can be taken to the jury of appeals. The jury of appeals can rule to reseed an event.

Live results: Find on www.trackside timing.com

All information is based on the Classic 8 Conference By-Laws

Officials: Tom Emmerich, Dennis Meyer, Pete Nielsen and Mark Pagach

Clerks: Eric Lehmann and John Miller

Jury of Appeals: 3 officials, girls head coach from Waukesha North, and boys head coach from Catholic Memorial

Team Area: Please set up your team camps outside of the track's fence or behind the bleachers.

We ask that no spectators be on the infield. Warm ups will be allowed on the backstretch and on the far east side of the infield as long as athletes do not interfere with races in progress. Locker rooms are not available. Restrooms are available in the building in the parking lot at the south side of the track. Portable restrooms are also available.

Restricted Areas: Restricted areas will include the track infield, all eight lanes of the track running surface, the clerking area, the starting lines, the finish line, finish line area and the scorer's tent. Only a limited number of coaches per team will be allowed in the high jump and pole vault areas. All other coaching shall be done from outside the fence. Once the high jump or pole vault has been completed or your athlete is finished, you must exit the area. Spectators for the pole vault must remain in the designated area on the north side of the track.

Bus Parking: Please share with your bus and van drivers that they should park in the lot on the far North East side of the stadium to facilitate parking, traffic and potential congestion. Hartbrook Strip Mall at 580 Hartbrook Drive in Hartland is just to the South East of campus where there is ample parking, food and restrooms. Thank you for your assistance in this matter.

Trainer: The trainer will be available near the finish line.

EMERGENCY ACTION PLAN CHECK LIST

LOCATION OF TELEPHONE nearest to event site: **THROUGH DOOR 15 of North Campus ON WALL in the Foyer BETWEEN GYMS**

***All Coaches are encouraged to carry a cell phone, if you do not, please ensure you have the right keys to enter North/South campus to reach a phone in an emergency.*

LOCATION OF DEFIBRILLATOR: **ON FOOTBALL STADIUM WALL UNDER BLEACHERS**

EMERGENCY TELEPHONE NUMBERS

1. EMS: 911

2. ATHLETIC TRAINERS:

- a. Abby Leisemann, MS, LAT - Cell: 309-258-9398
- b. Hanna Podbielski, MS, LAT - Cell: 262-349-3278
- c. Athletic Training Room x 4835

d. ATHLETIC TRAINING ROOM LOCATIONS

- i. **NORTH CAMPUS:** Enter Door 15 into Gym Foyer Straight Back by Boys & Girls locker rooms
- ii. **SOUTH CAMPUS:** Next to Phy. Ed. Offices and locker rooms
- iii. ****Each is stocked with Ice, Ice Bags, Wraps, Band-Aids, Gauze****

3. HOSPITAL/ER:

- a. Waukesha Memorial: 262-544-2267
- b. Oconomowoc Memorial: 262-569-9119

4. **WHEN PLACING A CALL BE PREPARED TO:**

1. Give your NAME, LOCATION & DESCRIPTION of the injury.
2. Give detailed directions where the ambulance should go, including location of entrance.
3. DO NOT HANG UP UNTIL THE PERSON RECEIVING THE CALL TELLS YOU TO

DESIGNATE PERSONS TO DO THE FOLLOWING:

- ✓ Stay with the injured athlete at all times.
- ✓ Make the call to EMS. - Entry to Facility off of North Avenue
- ✓ Meet EMS and assist them getting to the athlete.
- ✓ Call parents.
- ✓ Fill out accident report immediately following and turn into Ryan Mangan, AD as soon as possible.
- ✓ Ryan Mangan, AD 262-993-9327
- ✓ Adam Kurth, Principal 262-369-3611

Spikes: Arrowhead has an 8 lane all-weather track that will accept ¼" spikes. This includes pole vault, high jump, long jump and triple jump runways.

Hospitality: Available in the Morton storage concession building at the southwest corner of the track

Concessions: Will be available. Cash, credit and apple pay accepted.

Scoring: 8 places for 10-8-6-5-4-3-2-1 points

Awards: Medals for 1st – 3rd Place

Classic 8 Conference Gate Admission Policies:

- \$6 Adults, \$4 High School
- Grade School: No charge
- Senior Citizens (Age 60+): No Charge
- Only Coaches and Athletes in uniform will be allowed in at no cost
- Online tickets available on Just a Game:
https://justagame.com/clients/649b53c262d9ck1way/imp_67e050db3ed0cM1JMi

4:00 - Field Events:

Check out period is 15 minutes. Athlete must check out with the event judge. The 15 minutes start when the athlete is called to compete on their next attempt.

- **High Jump – updated order – we have 1 competition pit**
 - Girls First - Run by Oconomowoc
 - Boys to Follow - Run by Waukesha South
 - Five Alive format
 - Starting height will be 2 heights below the 8th best seed
 - Bar will move up 2" until 6 competitors remain and then up 1" until completion

- **Pole Vault – Run by Mukwonago**
 - Boys on South Pit – **Run by Mukwonago**
 - Girls on North Pit – **Run by Mukwonago**
 - Five Alive format
 - Starting height will be 2 heights below the 8th best seed
 - Bar will move up 6” until 6 competitors remain and then up 3” until completion
 - Bring a copy of weight verification form to the event
 - Spectators for the pole vault must remain in the designated area on the north side of the track
- **Long Jump**
 - Boys on West Pit – **Run by Catholic Memorial**
 - Girls on East Pit - **Run by Waukesha North**
 - Open pit for 60 minutes, or longer if entries dictate, for trials - 3 trials for each athlete
 - 15 minutes between trials and finals
 - Top 9 competitors will advance to finals for 3 more jumps in flight format
 - Order of competition for finals will be where the jumper with the best trial will jump last
- **Triple Jump - (15 minutes after long jump is completed)**
 - Boys on West Pit – **Run by Kettle Moraine**
 - Girls on East Pit - **Run by Muskego**
 - Open pit for 60 minutes, or longer if entries dictate, for trials - 3 trials for each athlete
 - 15 minutes between trials and finals
 - Top 9 competitors will advance to finals for 3 more jumps in flight format
 - Order of competition for finals will be where the jumper with the best trial will jump last
- **Shot Put**
 - Girls first followed by Boys
 - Girls - **Run by Kettle Moraine**
 - Boys – **Run by Waukesha West**
 - 3 trials for each athlete in flight format
 - 10 minutes between flights, trials and finals, and between genders
 - Top 9 competitors will advance to finals for 3 more throws where the thrower with the best trial will throw last
- **Discus**
 - Boys first followed by Girls
 - Boys - **Run by Waukesha North**
 - Girls – **Run by Waukesha South**
 - 3 trials for each athlete in flight format
 - 10 minutes between flights, trials and finals, and between genders
 - Top 9 competitors will advance to finals for 3 more throws where the thrower with the best trial will throw last

5:00pm - Running Events

Girls will run first, followed by Boys

All events will be clerked at the North end of the straight away

All athletes should pick up their hip number at the North end of the straight away

Wheelchair * events contested provided athletes are seeded with prior notice to game management

Trials

Heats in the 110m High Hurdles (boys), 100m High Hurdles (girls), and 100m Dash will be seeded.

Qualifiers for the finals will be the heat winners with all lanes filled according to the heat times without preference for heat winners.

One-hundredths of a second will be used to break ties.

- 1600 Wheelchair *
- 4x800
- 100 / 110 Hurdles
- 100 Dash

20 Minute Break

Finals

- 100 / 110 Hurdles
- 100 Wheelchair *
- 100 Dash
- 1600 Run – 1 heat
- 4x200 Relay
- 400 Wheelchair *
- 400 Dash
- 4x100 Relay
- 300 Low / Intermediate Hurdles
- 800 Run – 12 in fast heat
- 800 Wheelchair *
- 200 Dash
- 3200 Run
- 4x400 Relay